

# The Roman Catholic Churches of St. Helen & Our Lady of the Caves



**Parish Staff**

## **Pastor**

Rev. Joel C. Rogers, CPM.....270-619-1510

## **Parochial Vicar**

Fr. Thomas Reagan ..... 270-619-1640

Fr. Michael French..... 502-909-2502

## **Deacons**

Deacon Lee Bidwell..... 270-404-1986

Deacon David Smith..... 270-932-3547

Deacon Bruce Sullivan..... 270-774-7472

## **Parish Secretary/Business Manager**

Mrs. Therese Haavisto ..... 270-651-5263

sthelen@glasgow-ky.com

## **St. Helen Parish Office Mailing Address and Location:**

230 Cavalry Drive; Glasgow, KY 42141

Hours: Mon: 8am-3pm, Wed: 8am-11am, Fri: 9am-3pm

Please have bulletin info. to the office by 11am -Monday.

## **Spanish Ministry**

Connie Granados..... 270-361-1628,  
connie.granados@gmail.com

## **Parish Council Chairperson**

Gary Murphy..... 270-590-3834

## **Finance Council Chairperson**

Rev. Mr. Lee Bidwell..... 270-404-1986

## **Director of Religious Education**

Dr. Cheryl Whitlow..... cherob6@gmail.com

## **Our Lady's Auxiliary-President**

Mrs. Christine Lyons .....

## **Bereavement Committee**

Mrs. Joyce Pufahl..... 270-678-2002

## **St. Helen Food Pantry Coordinator**

Leonette Chapman..... 270-590-6385

**Location:** 156 McGrah Ave.. **Hours:** Tuesday 9am-12pm

**Office Mailing address:**  
230 Cavalry Dr.  
Glasgow, Kentucky 42141  
270-651-5263  
sthelen@glasgow-ky.com

**Facebook:** @STHELENOLC  
**Website:** sainthelenolc.com



**Confessions** are heard for about 20 minutes before each Mass and anytime by request.  
Saturday: 4:30-4:50 pm

## **Sacrament of Baptism**

Please contact the pastor one month in advance.

## **Sacrament of Matrimony**

Please contact the pastor at least six months in advance.

## **Sacrament of Anointing**

Available by request. When anyone is admitted to the hospital, be certain to contact the priest.

**For after-hours EMERGENCY** requiring the sacraments, call Fr. Joel Rogers @ 270-619-1510 (English), or (Spanish) Connie Granados @ 270-361-1628.

## **Faith Formation-Why be Catholic?**

If you or anyone you know is interested in learning about the Catholic Faith please contact Fr. Joel Rogers, CPM.

**MASS TIMES:** (See weekday schedule inside bulletin)

**English Masses at St. Helen:** located @ 103 W. Brown St.

Saturday, 5:00 PM

Sunday, 10:00 AM and 11:30 AM

**Eucharistic Adoration:** Mon., Wed., Fri. at 11am-Noon  
Fri. 3-9pm (1st Fri. is 7am-9pm), Sat. 8:30-9:30am

**English Masses at Our Lady of the Caves:** located @  
1010 S. Dixie Street; Horse Cave, KY 42749

Sunday, 8:00 AM

**Eucharistic Adoration:** Friday@ 4:30-5:30pm

## **Spanish Masses:**

Saturday, 7:00 PM at Our Lady of the Caves

Sunday, 8:00 AM St. Helen

**Sp. Praise/Worship Holy Hour:** Thurs, 7-8pm  
at St. Helen Church.

## **Latin Mass at Our Lady of the Caves:**

Every Sunday at 10:30am

**Elderly Mass:** Our Lady of Fatima Chapel, Parish Center  
2nd & 4th Saturday of the month, Vigil Mass @ 4pm

**THIRD SUNDAY IN ORDINARY TIME**

**JANUARY 25, 2026**

+AMDG+



What is good, what really matters, is not to be in this place or that, but always to be with Jesus, wherever we are, and to be able to see Him behind all the circumstances in which we may find ourselves. If we are with Him, it is all the same whether we find ourselves surrounded by the greatest consolations in the world, or in a hospital bed suffering indescribable pain. The only thing that matters is that we always see Him and live in His presence. It is the only really good and important thing in this life and in the next. If we remain with Jesus, we will be very close to other people and we will be happy in whatever place or situation we may find ourselves. I want to see You and I will seek Your face, Lord, in the ordinary circumstances of each day.  
---In conversation with God

**JOY:** If things go well let's rejoice, blessing God, who makes them prosper. And if they go wrong? Let's rejoice, blessing God, who allows us to share the sweetness of His Cross.  
~THE WAY, St. Josemaria Escriva

**THROATS TO BE BLESSED SUNDAY, Feb. 1st, AFTER ALL MASSES FOR THE FEAST OF ST. BLAISE, WHICH IS FEBRUARY 3RD:** We will have the Blessing of Throats on Tuesday, Feb. 3rd AND after each Mass Sunday, Feb. 1st.

**CHURCH PARKING:**  
As you know there are not many spaces available along the street for St. Helen Church Parking. If you are young and able to park in the parking lot, please leave the spaces closest to the church for those who have health concerns. Thank you for your kind consideration and generosity!

**TAMALES ARE COMING!**  
We will be selling tamales on February 8 after all Masses. Please call Poly at 270.576.6999 to place your order for pork (red sauce) or chicken (green) tamales! Your generosity will help us cover the expenses for the Spanish retreat we will hold on March 28th and 29th. Thank you so much! God bless you!

**A PRAYER FOR LIFE:**  
*"Almighty God, Our Father, you who have given us life and intended us to have it forever, grant us your blessings. Enlighten our minds to an awareness and to a renewed conviction that all human life is sacred because it is created in your image and likeness. Help us to teach by word and the example of our lives that life occupies the first place, that human life is precious because it is the gift of God whose love is infinite. Give us the strength to defend human life against every influence or action that threatens or weakens it, as well as the strength to make every life more human in all its aspects." --Pope Saint John Paul II*

**LADIES' BIBLE STUDY:** The Ladies' Bible Study will be held on the 1st and 3rd Saturday of the month at Our Lady of the Caves, St. Bernadette Hall, from 9:30-11am.. All women are welcome.

**DAILY GOSPEL READINGS, JAN. 26 -FEB. 1, 2026:**  
Sun. Mt 4:12-23, Mon. Mk 3:22-30, Tues. Mk 3:31-35, Wed. Mk 4:1-20, Thurs. Mk 4:21-25, Fri. Mk 4:26-34, Sat. Mk 4:35-41, Sun. Mt 5:1-12a

**NO CCD CLASS FEB. 18, ATTEND ASH WEDNESDAY MASS.**

**MASS INTENTIONS**

**ST. HELEN**

**Monday, January 26**

12:05pm William Beakes

**Tuesday, January 27**

8:00am Sr. Francisca Maria

**Wednesday, January 28, St. Thomas Aquinas, Priest and Doctor of the Church**

12:05pm Special Intention

**Thursday, January 29**

8:00am Chris Bastien+

**Friday, January 30**

12:05pm James M. & Kathleen O. Kintz

**Saturday, January 31**

8:00am David Brown Family

5:00pm Joyce & Vic Pufahl

**Sun., February 1 (Blessing of the Throats For The Feast of St. Blaise, After All Masses This Sunday)**

8:00am(sp)

10:00am Special Intention

11:30am People of the Parish

**OUR LADY OF THE CAVES**

**Wednesday, January 28, St. Thomas Aquinas, Priest and Doctor of the Church**

8:00am Johathan Biven

**Friday, January 30**

5:30pm Paul Bastien+

**Saturday, January 31**

7:00pm (Sp)

**Sunday, February 1, (Blessing of The Throats for Feast of St. Blaise this Sunday )**

8:00am Richard Biven+

10:30am Latin

**ALTAR FLOWER SCHEDULE, ST. HELEN:**

Feb. 15, Emily Coleman, in mem. of Joseph Coleman  
February 22 -March 29 is Lent. No flowers during Lent.  
Apr 5, 2026 -EASTER SUNDAY, Our Lady's Aux. Easter Lillies

**CHURCH CLEANING SCHEDULE:**

**ST. HELEN:**

Jan. 26-31

Whitney Laurie

Feb. 2-7

Antoniette Ardos

**OUR LADY OF THE CAVES:**

Jan. 26-31

Jane Howell

Feb. 2-7

Siena Smith/Pena Family

**BIRTHDAY'S THIS WEEK: Jan. 26-Feb. 1**

**Jan. 26** Ivan Pena,

**Jan. 27** Benjamin Davis, Juliet Sullivan,

**Jan. 28** Richard Clouse, Allicia DePaz,

**Jan. 29** Abelardo Sanchez,

**Jan. 30** Robert Butler, Logan DePaz, Marilyn Meredith,

**Jan. 31** Carol Becker, Erin Crimmins, Mary Crimmins, Diana Elmore, Chad Morgan, Patrick Steenbergen, Eric Stith,

**Feb. 1** Colton Dwight, Samantha Melendez, Fr. Peter Stryker

**Prayer List:**

*Please pray for all the needs of our parishioners and their loved ones:*

Dcn. Lee Bidwell	Lee Mudd
Mary Simon	Lee Family
Cheryl Hensel	Don Joseph
John Bright	Mary Kay Bilczo
Patricia Buckler	Larry Adams
Judy Underwood	Helen Overstreet
Todd Perry, Sr.	Laura Brock Bennett
Henry Almeida	The Wise Family
Carolyn Tipton	Marvie Carroll
Lu Simpson	Daniel Sallee
Alexis Bowman	Jo Ann Gibson
Connie Peacock	Jim Hale
Shawn Peacock	Paula Baysinger
Jo Ann Hall	Brina Nie
Jimmy C. Lyons, Jr.	Virginia Lafferty
Nathan Jackson	Sara Ruth Strange
Willard Thompson	Ruth Owens
Mike Barron	Dennie Simpson
Jacob Mesi	Gayle Carrico
Doris Emberton	Beverly Hogan
Madeline Hale	Chance Veals
Mimi Stinson	Evelyn Crimmins
Carly Leahey	Finn Truxillo
Tim Isom	Mary Davidson

**Deceased:**

*Please pray for all the deceased parishioners and their loved ones, friends and benefactors.*

Ray Hemmer	Debra Sanders
Robert Tucker	Debi Kirsch
Ashlie Hood	Scott Pufahl
Tommie Birge	Robert Glanz
Wayne Smith	Mary Gibson
Roger Miller	David Nie
Peggy Groenwald	Joseph Litera
Lisa Miller	Bill Groenwald
Charles Elmore	David Nine
Letecia Centeno	William Davis
Cade Dotson	Paul Bastien
DuWayne Gilchrist	Joseph Coleman
Connie Hunt	Bonnie Copass
Shirley Jones	Joseph Pierce
Sarah Smila	Joe & Helga Alvey
John Ulakey	Teresa Kauffman
Jeremy Birge	Kim Gibson-Lowe
Percy Stinson	Sandy Byrd
Gena Couch	James Anderson
Linda Sue Hester	Bruce Rothermel
George Lang	Annette Kunce
Arnold Emberton	Scott Szabo
Sam & Alma Basile	Joe & Jane Kehrt
Trudy Legendre	Jerry Matera
John Scalise	Michael Avery
	Rick Carrico
	Carl Milay
	Richard Biven

**And for all deceased**

**Please pray for our Military men and women who are serving overseas:**

Clay Livingston	Joshua Matheney
Andrew Buren	Sgt. Brewer
Chris Davidson	Shawn Emberton
Matthew Chenault	Cameron Brown
Kimberly Lee	Cameron Lynch LTC

**COLLECTIONS: JAN. 18, 2026 ST. HELEN    OUR LADY OF CAVES**

<b>Sunday Collection:</b>	<b>3094.00</b>	<b>\$1917.00</b>
<b>Opportunities for Life 2nd Coll.</b>	<b>\$769.00</b>	

**Thank you for your ongoing support and generosity!**

**PRAYER LISTS:** *We will not be rotating the prayer lists any more. Once we have new names to add to the deceased list, the previous names will be removed and not rotated back on. Please understand that we continue to pray for all of your deceased loved ones.*

**ALTAR FLOWERS SCHEDULE FOR 2026:**

Please call the Parish Office if you would like to provide flowers for the altar at St. Helen's Church. You can provide them in memory of or in honor of a loved one if you like. Thank you!

**FR. JOEL'S BIBLE STUDY:**

Will be on Sunday, February 8th, at 7pm, instead of Feb. 9th.

**PASTOR'S CORNER**

My dear parish family,


“On Whomever you see the Spirit come down and remain, He is the One Who will baptize with the Holy Spirit.’ Now I have seen and testified that He is the Son of God” (John 1:33-34). John the Baptist recognized Who was the Son of God because he was revealed this by the Holy Spirit. This Jesus is true God and true Man. The reason this Jesus Christ is the Way, the Truth and the Life is because He is the Second Person of the Blessed Trinity! He is the Son of God. That is why we believe in EVERYTHING He teaches. This is why we believe Him when He says about the Eucharist, “THIS IS MY BODY...THIS IS MY BLOOD!” This is why we believe in all the teachings of His Church in matters of faith and morals! Because Jesus teaches these truths!

Let us get to know Jesus more deeply, Our Lord and Our God!! We have the Blessed Sacrament, JESUS, showed in the monstrance at St. Helen on Mondays, Wednesdays and Fridays at 11am every week before Mass. This same Jesus is present in the monstrance every Saturday morning at St. Helen after the 8am Mass. This same Jesus is in the monstrance every Friday at St. Helen from 3pm to 9pm, and every first Friday from 7am to 9pm at St. Helen. At Our Lady of the Caves, the Blessed Sacrament is on the altar every Friday from 4:30pm to 5:30pm. See how many opportunities that Jesus makes for us to visit Him! Both churches are open all day each day to pop in and visit.

Do we believe in His Real Presence? Do we believe that He has all the means for us to get through the hardships of life, that He eases our loneliness? Then let us MAKE TIME to visit Him, even if five minutes a week!! Our Lord Jesus in the Blessed Sacrament LONGS FOR OUR VISIT!! Please come!! May God bless you!

Yours in Christ,

Fr. Joel

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