

The Roman Catholic Churches of St. Helen & Our Lady of the Caves



Parish Staff

Pastor

Rev. Joel C. Rogers, CPM.....270-619-1510

Parochial Vicar

Fr. Thomas Reagan 270-619-1640

Fr. Michael French..... 502-909-2502

Deacons

Deacon Lee Bidwell..... 270-404-1986

Deacon David Smith..... 270-932-3547

Deacon Bruce Sullivan..... 270-774-7472

Parish Secretary/Business Manager

Mrs. Therese Haavisto 270-651-5263

sthelen@glasgow-ky.com

St. Helen Parish Office Mailing Address and Location:

230 Cavalry Drive; Glasgow, KY 42141

Hours: Mon: 8am-3pm, Wed: 8am-11am, Fri: 9am-3pm

Please have bulletin info. to the office by 11am -Monday.

Spanish Ministry

Connie Granados..... 270-361-1628,
connie.granados@gmail.com

Parish Council Chairperson

Gary Murphy..... 270-590-3834

Finance Council Chairperson

Rev. Mr. Lee Bidwell..... 270-404-1986

Director of Religious Education

Dr. Cheryl Whitlow..... cherob6@gmail.com

Our Lady's Auxiliary-President

Mrs. Christine Lyons

Bereavement Committee

Mrs. Joyce Pufahl..... 270-678-2002

St. Helen Food Pantry Coordinator

Leonette Chapman..... 270-590-6385

Location: 156 McGrah Ave.. **Hours:** Tuesday 9am-12pm

Office Mailing address:
230 Cavalry Dr.
Glasgow, Kentucky 42141
270-651-5263
sthelen@glasgow-ky.com

Facebook: @STHELENOLC
Website: sainthelenolc.com



Confessions are heard for about 20 minutes before each Mass and anytime by request.
Saturday: 4:30-4:50 pm

Sacrament of Baptism

Please contact the pastor one month in advance.

Sacrament of Matrimony

Please contact the pastor at least six months in advance.

Sacrament of Anointing

Available by request. When anyone is admitted to the hospital, be certain to contact the priest.

For after-hours EMERGENCY requiring the sacraments, call Fr. Joel Rogers @ 270-619-1510 (English), or (Spanish) Connie Granados @ 270-361-1628.

Faith Formation-Why be Catholic?

If you or anyone you know is interested in learning about the Catholic Faith please contact Fr. Joel Rogers, CPM.

MASS TIMES: (See weekday schedule inside bulletin)

English Masses at St. Helen: located @ 103 W. Brown St.

Saturday, 5:00 PM

Sunday, 10:00 AM and 11:30 AM

Eucharistic Adoration: Mon., Wed., Fri. at 11am-Noon
Fri. 3-9pm (1st Fri. is 7am-9pm), Sat. 8:30-9:30am

English Masses at Our Lady of the Caves: located @
1010 S. Dixie Street; Horse Cave, KY 42749
Sunday, 8:00 AM

Eucharistic Adoration: Friday@ 4:30-5:30pm

Spanish Masses:

Saturday, 7:00 PM at Our Lady of the Caves

Sunday, 8:00 AM St. Helen

Sp. Praise/Worship Holy Hour: Thurs, 7-8pm
at St. Helen Church.

Latin Mass at Our Lady of the Caves:

Every Sunday at 10:30am

Elderly Mass: Our Lady of Fatima Chapel, Parish Center
2nd & 4th Saturday of the month, Vigil Mass @ 4pm

SECOND SUNDAY OF LENT

MARCH 1, 2026

+AMDG+



ASH WEDNESDAY

We begin each Lent with a stirring reminder of our mortality and begging for the blessing of forgiveness. We need not live tormented by the question "Where is our God?" If we return to the Lord with our whole heart, he will not cast us out of his presence; rather, He makes us "become the very righteousness of God." Whenever we pray, "A clean heart create for me, O God," the Father "who is hidden" will bestow "the joy of our salvation." This remains true every day of our lives: It is always "an acceptable time," it is always "the day of salvation."
~ Magnificat

CHURCH REGULATIONS REGARDING FAST & ABSTINENCE DURING LENT:

Abstinence from meat (beast or fowl) is to be observed by all Catholics fourteen years old and older on Ash Wednesday and on all the Fridays of Lent. This obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat.
Fasting means limiting oneself to one full meal on a given fast day. Catholics who are eighteen years of age but not yet fifty-nine are obliged to fast on Ash Wednesday and Good Friday. On fast days, two additional smaller meals are permitted if necessary to maintain strength. However, the two smaller meals together may not equal one full meal. Moreover, eating solid foods between meals on fast days is not permitted.

STATIONS OF THE CROSS:

The Stations of the Cross is a wonderful devotion to have during the season of Lent. Please take the opportunity to pray the Stations of the Cross on Friday's during Lent after Mass at both St. Helen and Our Lady of the Caves Churches.

LADIES' BIBLE STUDY: The Ladies' Bible Study will be held on the 1st and 3rd Saturday of the month at Our Lady of the Caves, St. Bernadette Hall, from 9:30-11am

QUESTIONS FOR PROPOSED NEW CHURCH?

Email questions to: GLASGOWNEWCHURCH@GMAIL.COM
Thanks, Mike Allen.

POTLUCK DINNER AT OLC'S ST. BERNADETTE HALL:

Please bring your favorite potluck dish to OLC's on Sunday, March 22nd at 4pm. Enjoy spending time with your parish family.

DAILY GOSPEL READINGS, MARCH 1-8, 2026:

Sun. Mt 17:1-9, Mon. Lk 6:36-38, Tues. Mt 23:1-12,
Wed. Mt 20:17-28, Thurs. Lk 16:19-31, Fri. Mt 21:33-46,
Sat. Lk 15:1-3, 11-32, Sun. Jn 4:5-42

MASS INTENTIONS

ST. HELEN

Monday, March 2
12:05pm Leon Strange+
Tuesday, March 3
8am Joyce Pufahl
Wednesday, March 4
12:05pm Scott Pufahl+
Thursday, March 5
8:00am Tim Hall
Friday, March 6, First Friday
12:05pm Ulakey Family, Living & Deceased
(Stations of the Cross after Mass)
Saturday, March 7
8:00am Our Lady's Auxiliary
5:00pm Tommie Birge+
Sunday, March 8, Third Sunday of Lent
8:00am(sp) Salvadore Aguirre+
10:00am Nicole Denise Manning+
11:30am Gregory Rossi

OUR LADY OF THE CAVES

Wednesday, March 4
8:00am All Deceased of the Parish
Friday, March 6, First Friday
5:30pm Ashlie Hood+
(Stations of the Cross after Mass)
Saturday, March 7
8am Benefactors
7:00pm (Sp)
Sunday, March 8, Third Sunday of Lent
8:00am Richard Biven+
10:30am Latin, People of the Parish

ALTAR FLOWER SCHEDULE, ST. HELEN:

February 22 -March 29 is Lent. No flowers during Lent.
Apr 5, 2026 -EASTER SUNDAY, Our Lady's Aux.
Easter Lillies

CHURCH CLEANING SCHEDULE:

ST. HELEN:
Mar. 2-7 Poly Granados
Mar. 9-14 Christina Lorenzana

OUR LADY OF THE CAVES:

Mar. 2-7 Susanne Ochoa
Mar. 9-14 Lupita Guzman

BIRTHDAY'S THIS WEEK: Mar. 1-7, 2026

Mar. 1 Kristin Paiz,
Mar. 2 Matthew Austin, Sophia Basile, Benito Hernandez, Robert Jahnigen,
Mar. 3 Ann Bertrand, Jamie Cassman, Ramiro Hernandez, **Mar. 4** Meredith Clouse,
Mar. 5 Gaddie Baltazar, Robert Szabo, Vicoria Trejo, **Mar. 6** Kathleen Carrico, Martin Cassman,
Mar. 7 Jose Ramos, George Katchak, Abigail Mattingly

Prayer List:

Please pray for all the needs of our parishioners and their loved ones:

Dcn. Lee Bidwell	Lee Mudd
Mary Simon	Lee Family
Cheryl Hensel	Don Joseph
John Bright	Mary Kay Bilczo
Patricia Buckler	Larry Adams
Judy Underwood	Helen Overstreet
Todd Perry, Sr.	Laura Brock Bennett
Henry Almeida	The Wise Family
Carolyn Tipton	Marvie Carroll
Lu Simpson	Daniel Sallee
Alexis Bowman	Jo Ann Gibson
Connie Peacock	Jim Hale
Shawn Peacock	Paula Baysinger
Jo Ann Hall	Brina Nie
Jimmy C. Lyons, Jr.	Virginia Lafferty
Nathan Jackson	Sara Ruth Strange
Willard Thompson	Ruth Owens
Mike Barron	Dennie Simpson
Jacob Mesi	Gayle Carrico
Doris Emberton	Beverly Hogan
Madeline Hale	Chance Veals
Mimi Stinson	Finn Truxillo
Carly Leahey	Mary Davidson
Tim Isom	Joyce Pufahl
	Gregory Rossi

Deceased:

Please pray for all the deceased parishioners and their loved ones, friends and benefactors.

Ray Hemmer	Debra Sanders
Robert Tucker	Debi Kirsch
Ashlie Hood	Scott Pufahl
Tommie Birge	Robert Glanz
Wayne Smith	Mary Gibson
Roger Miller	David Nie
Peggy Groenwald	Joseph Litera
Lisa Miller	Bill Groenwald
Charles Elmore	David Nine
Letecia Centeno	William Davis
Cade Dotson	Paul Bastien
DuWayne Gilchrist	Joseph Coleman
Connie Hunt	Bonnie Copass
Shirley Jones	Joseph Pierce
Sarah Smila	Joe & Helga Alvey
John Ulakey	Teresa Kauffman
Jeremy Birge	Kim Gibson-Lowe
Percy Stinson	Sandy Byrd
Gena Couch	James Anderson
Linda Sue Hester	Bruce Rothermel
George Lang	Annette Kunce
Arnold Emberton	Scott Szabo
Sam & Alma Basile	Joe & Jane Kehrt
Trudy Legendre	Jerry Matera
John Scalise	Michael Avery
	Rick Carrico
	Carl Milay
	Richard Biven
	Paulette Bush

And for all deceased

Please pray for our Military men and women who are serving overseas:

Clay Livingston	Joshua Matheney
Andrew Buren	Sgt. Brewer
Chris Davidson	Shawn Emberton
Matthew Chenault	Cameron Brown
Kimberly Lee	Cameron Lynch LTC

COLLECTIONS: 2/22/2026 ST. HELEN OUR LADY OF CAVES

Sunday Collection: \$5123.91 \$1806.00

Food Pantry \$45.00

2nd Coll, Black & Indian Missions: \$1017.00

Thank you for your ongoing support and generosity!

CHARITY:

If you have so many defects, why are you surprised to find defects in others? ...Don't make negative criticism. If you can't praise, say nothing. ~ **The Way**, by Jose Maria Escriba

PASTOR'S CORNER


My dear parish family,

May Our Lord Jesus fill you with His grace! Here is an update on a few things for this Lent. First, as you know, there are Stations of the Cross after the Friday Masses at both churches during the season of Lent with the exception of Good Friday. Also, for the Easter Triduum, we will have the following schedule. The Holy Thursday Mass will be at St. Helen on April 2 at 7pm. The Good Friday Liturgy will be at Our Lady of the Caves on April 3 at 3pm. We will also have Good Friday Liturgy in Spanish on the same day at St. Helen Church at 6pm. The Easter Vigil Mass will be at St. Helen on April 4 at 8pm. And all the Easter Sunday Masses will be at the usual Sunday Mass times on April 5.

Secondly, I will be on two parish missions in March. The first mission will be in Alberta, Canada on March 5-12. The second mission will be in Harrisonville, Missouri on March 13-16. Please pray for the success of these missions. Thirdly, there will be a parish potluck at St. Bernadette Hall next to Our Lady of the Caves Church on Sunday, March 22. It begins at 4pm. Please join us! And fourthly there are more updates on the building of the new church for St. Helen.

On Thursday, March 19, there will be a meeting with the building commission of the Archdiocese of Louisville to discuss the possibility of building a new church. Before we begin anything, we must have the archbishop's approval. Please pray for us on that day, which is also the feast day of St. Joseph. We have been receiving your emails concerning the church, and we thank you for reaching out to us. We are wanting the church to have the same traditional design as our current church, but on a much larger scale. We want the tabernacle in the center where Our Lord in the Eucharist should be. We want our choir loft elevated in the rear of the church for acoustics and space. We will present the drawings to you in the near future and keep you updated. Please pray for our new church. May God bless you all!

Yours in Christ,
Fr. Joel

EST  2004
 Educating, equipping, and empowering men and women to make confident, healthy, and life-affirming choices for their families.

- Pregnancy Tests
- Accurate Information on Pregnancy Options
- Parenting and Life Skills Classes
- Fatherhood Coaching
- Material Support
- Car Seat Safety Education
- Community Referrals

PROUDLY SERVING
 ALLEN ● BARREN ● EDMONSON ● HART ● METCALFE ● MONROE

PO Box 236 | 123 East Washington Street | Glasgow, KY 42141 | 270-651-2299
 1226 Main Street | Munfordville, KY 42765 | 270-524-1994
crossroadsky.org | info@crossroadsky.org

FOR ALL YOUR
PRINTING
 NEEDS
 BIG OR SMALL WE DO IT ALL.
SOW THE SEED MINISTRIES
1-800-842-1093

Patricia's Beauty Center
 Patricia Logsdon, Owner
 Karen Holmes, Cosmetologist
270-651-5711
 425 Samson St.
 Glasgow, KY 42141



DIXIE YARD WORKS
 (270) 735-1668
 7070 N. Dixie Hwy
 Elizabethtown, KY 42701
www.dixieyardworks.com
 FOR ALL YOUR
 HARDSCAPE NEEDS

In Support of Our
Catholic Community
 Medical Associates of
 Southern KY
Dr. William Thornbury
 270-659-9696



WHITLOW
 FAMILY VISION CENTERS
 Drs Robert & Cheryl Whitlow, Optometrists
 270-651-2020
www.whitlowfamilyvisioncenters.com

Alvey's
TOWING & RECOVERY INC.
 Since 1984



VISA ● DISCOVER ● American Express ● Cross Country

Any Where, Any Place, Any Time
Large and Small, We Tow Them All • Local and Long Distance Towing
 Semi-Trucks, RV's, Cars & Truck Towing, Flat Bed & Landoll Hauling, Car, Truck and Semi-Truck Tires Available

RICKY ALVEY
 Owner/Operator

**Tires
 Tires
 Tires
 Tires
 Tires**

24 Hour ON ROAD
 Semi-Truck, Service & Tires
 270.528.1835

24-7 Towing
270.528.7881
 or Cell
270.670.2627
 453 Flint Ridge Road (Exit 58) P.O.Box 61
 Horse Cave, Kentucky 42749

Coach-Net ● Alameda

Horse Cave Mobile Home Community
 Comunidad de casas móviles Horse Cave
 828 E. Main Street, Horse Cave, KY 42749
 We have affordable mobile homes available



812-657-4624
 Disponemos de casas móviles asequibles

GARY MURPHY
ELECTRIC LLC
 Residential, Small Industrial
 Electric Wiring
 Licensed & Insured
270-590-3834



Town and Country Pharmacy
 736 East Main Street • Glasgow, KY 42141
 Phone 270-629-4633 • Fax 270-629-4634
www.townandcountrymed.com
 Owners: JP and Jill Nixon
 Delivery Service Available
 Free Vitamins for Children

Mention this ad for a 10% discount!

SOUTH CENTRAL KENTUCKY
ORTHOPAEDICS

Dr. Brian Elmlinger
 106 Columns Plaza Drive
 Glasgow, KY 42141
270-651-9390

HOUK INSURANCE AGENCY, INC.
 313 S DIXIE STREET
 HORSE CAVE, KY 42749
 270-786-2724

Serving Hart, Barren,
 And Surrounding Counties
 Since 1966.
 A Family Owned Business

Bryan Baysinger, CWA
 Senior Vice President, Financial Advisor
 Private Wealth Management

102 E. Wayne St.
 Glasgow, KY 42141
 270-651-2663 . 800-714-2663
bbaysinger@rwbaird.com
 ©2020 Robert W. Baird & Co. Incorporated. Member SIPC. MC-446121.




Hatcher & Saddler Funeral Home, Inc.
 801 North Race Street
 Glasgow, KY 42141
hatcher@glasgow-ky.com
 270-651-8821

Read lives of the saints, and watch or listen to the many wonderful resources available on FORMED. [If you are not already signed up for FORMED: go to formed.org ; sign up with your name and email address; on the drop-down menu, scroll down and choose "St. Helen, Glasgow, KY" as your parish. You should be good-to-go. If you haven't signed in for a while, it will send you an email; you click the link in the email, and then you are signed in again.]