

The Roman Catholic Churches of St. Helen & Our Lady of the Caves



Parish Staff

Pastor

Rev. Joel C. Rogers, CPM.....270-619-1510

Parochial Vicar

Fr. Thomas Reagan 270-619-1640

Fr. Michael French..... 502-909-2502

Deacons

Deacon Lee Bidwell..... 270-404-1986

Deacon David Smith..... 270-932-3547

Deacon Bruce Sullivan..... 270-774-7472

Parish Secretary/Business Manager

Mrs. Therese Haavisto 270-651-5263
sthelen@glasgow-ky.com

St. Helen Parish Office Mailing Address and Location:

230 Cavalry Drive; Glasgow, KY 42141
Hours: Mon: 8am-3pm, Wed: 8am-11am, Fri: 9am-3pm
Please have bulletin info. to the office by 11am -Monday.

Spanish Ministry

Connie Granados..... 270-361-1628,
connie.granados@gmail.com

Parish Council Chairperson

Gary Murphy..... 270-590-3834

Finance Council Chairperson

Rev. Mr. Lee Bidwell..... 270-404-1986

Director of Religious Education

Dr. Cheryl Whitlow..... cherob6@gmail.com

Our Lady's Auxiliary-President

Mrs. Christine Lyons

Bereavement Committee

Mrs. Joyce Pufahl..... 270-678-2002

St. Helen Food Pantry Coordinator

Leonette Chapman..... 270-590-6385

Location: 156 McGrah Ave.. **Hours:** Tuesday 9am-12pm

Office Mailing address:
230 Cavalry Dr.
Glasgow, Kentucky 42141
270-651-5263
sthelen@glasgow-ky.com

Facebook: @STHELENOLC
Website: sainthelenolc.com



Confessions are heard for about 20 minutes before each Mass and anytime by request.
Saturday: 4:30-4:50 pm

Sacrament of Baptism

Please contact the pastor one month in advance.

Sacrament of Matrimony

Please contact the pastor at least six months in advance.

Sacrament of Anointing

Available by request. When anyone is admitted to the hospital, be certain to contact the priest.

For after-hours EMERGENCY requiring the sacraments, call Fr. Joel Rogers @ 270-619-1510 (English), or (Spanish) Connie Granados @ 270-361-1628.

Faith Formation-Why be Catholic?

If you or anyone you know is interested in learning about the Catholic Faith please contact Fr. Joel Rogers, CPM.

MASS TIMES: (See weekday schedule inside bulletin)

English Masses at St. Helen: located @ 103 W. Brown St.

Saturday, 5:00 PM

Sunday, 10:00 AM and 11:30 AM

Eucharistic Adoration: Mon., Wed., Fri. at 11am-Noon
Fri. 3-9pm (1st Fri. is 7am-9pm), Sat. 8:30-9:30am

English Masses at Our Lady of the Caves: located @
1010 S. Dixie Street; Horse Cave, KY 42749
Sunday, 8:00 AM

Eucharistic Adoration: Friday@ 4:30-5:30pm

Spanish Masses:

Saturday, 7:00 PM at Our Lady of the Caves

Sunday, 8:00 AM St. Helen

Sp. Praise/Worship Holy Hour: Thurs, 7-8pm
at St. Helen Church.

Latin Mass at Our Lady of the Caves:

Every Sunday at 10:30am

Elderly Mass: Our Lady of Fatima Chapel, Parish Center
2nd & 4th Saturday of the month, Vigil Mass @ 4pm

SIXTH SUNDAY IN ORDINARY TIME

FEBRUARY 15, 2026

+AMDG+



ASH WEDNESDAY

We begin each Lent with a stirring reminder of our mortality and begging for the blessing of forgiveness. We need not live tormented by the question "Where is our God?" If we return to the Lord with our whole heart, he will not cast us out of his presence; rather, He makes us "become the very righteousness of God." Whenever we pray, "A clean heart create for me, O God," the Father "who is hidden" will bestow "the joy of our salvation." This remains true every day of our lives: It is always "an acceptable time," it is always "the day of salvation."
~ Magnificat

CHURCH REGULATIONS REGARDING FAST & ABSTINENCE DURING LENT:

Abstinence from meat (beast or fowl) is to be observed by all Catholics fourteen years old and older on Ash Wednesday and on all the Fridays of Lent. This obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat. **Fasting** means limiting oneself to one full meal on a given fast day. Catholics who are eighteen years of age but not yet fifty-nine are obliged to fast on Ash Wednesday and Good Friday. On fast days, two additional smaller meals are permitted if necessary to maintain strength. However, the two smaller meals together may not equal one full meal. Moreover, eating solid foods between meals on fast days is not permitted.

STATIONS OF THE CROSS:

The Stations of the Cross is a wonderful devotion to have during the season of Lent. Please take the opportunity to pray the Stations of the Cross on Friday's during Lent after Mass at both St. Helen and Our Lady of the Caves Churches.

KNIGHTS OF COLUMBUS MEETING:

Meet at the parish center Thursday, February 19th at 6:30pm.

NO CCD CLASS FEB. 18, PLEASE ATTEND ASH WEDNESDAY MASS.

MEN'S DAY OF RECOLLECTION, By Family Renewal Project:

Led by Fr. Jonathan Erdman, Saturday, February 28, 2026: 8:30am-4:00pm (EST), St. Francis of Assisi Catholic Church, Louisville, KY. Breakfast and Lunch will be provided. Tinyurl.com/mensreflection

LADIES' BIBLE STUDY: The Ladies' Bible Study will be held on the 1st and 3rd Saturday of the month at Our Lady of the Caves, St. Bernadette Hall, from 9:30-11am

DAILY GOSPEL READINGS, FEB. 15-22, 2026:

Sun. Mt 5:17-37, Mon. Mk 8:11-13, Tues. Mk 8:14-21m
Wed. Mt 6:1-18, Thurs. Lk 2:22-25, Fri. Mt 9:14-15,
Sat. Lk 5:27-32, Sun. Mt 4:1-11

QUESTIONS FOR PROPOSED NEW CHURCH?

Email questions to: GLASGOWNEWCHURCH@GMAIL.COM
Thanks, Mike Allen.

MASS INTENTIONS

ST. HELEN

Monday, February 16

12:05pm Chris Bastien+

Tuesday, February 17

8:00am Jerry Shive Family

Wednesday, February 18, ASH WEDNESDAY

8:00am (Sp) Jose & Oralia Ochoa

12:05pm(Eng) Fr. Darin Didier+

6:00pm(Eng) Fr. Joel Rogers

Thursday, February 19

8:00am Tim Hall

Friday, February 20

12:05pm Rothermel Family, Living & Deceased

(Stations of the Cross after Mass)

Saturday, February 21

8:00am Souls in Purgatory

5:00pm Tommie Birge+

Sun., February 22, FIRST SUNDAY OF LENT

8:00am(sp) Jose Campos, Jr. Family

10:00am Jerry Simon+

11:30am John Ulakey+

OUR LADY OF THE CAVES

Wednesday, February 18, ASH WEDNESDAY

8:00am 8am(Eng) Special Intention

6:00pm(Latin)The Cassman Family

Friday, February 20

5:30pm Jim Bresser+ (Stations of the Cross after Mass)

Saturday, February 21

7:00pm (Sp) Connie Granados Family

Sunday, February 22, FIRST SUNDAY OF LENT

8:00am Jim & Jean Bresser+

10:30am Latin, People of the Parish

ALTAR FLOWER SCHEDULE, ST. HELEN:

February 22 -March 29 is Lent. No flowers during Lent.

Apr 5, 2026 -EASTER SUNDAY, Our Lady's Aux. Easter Lillies

CHURCH CLEANING SCHEDULE:

ST. HELEN:

Feb. 16-21

Yesenia Rodriguz

Feb. 23-28

Vicki Shive

OUR LADY OF THE CAVES:

Feb. 16-21

Murphy Family

Feb. 23-28

Fawn 909-273-4839

BIRTHDAY'S THIS WEEK: Feb. 16-22 2026

Feb. 16 Margaret Clouse, Kristina McDonald, Angela Nine, Martha Rothman, Colton Twehues, Sarah Ulakey,

Feb. 17 Patricia Pascoe, Jacon Twehues,

Feb. 18 Annie Kauffman, Maria Ramos, Daniel

Rodriguez,

Feb. 19 Elizabeth Doucette, James Fernandez,

Guadalupe Guzman,

Feb. 20 Ismael Camarena, Lori Hernandez, Brielle

Richardson,

Feb. 22 Tabitha Ellis, Sabrina Ellis, Claire Mattingly,

Taina McCord

Prayer List:

Please pray for all the needs of our parishioners and their loved ones:

Dcn. Lee Bidwell	Lee Mudd
Mary Simon	Lee Family
Cheryl Hensel	Don Joseph
John Bright	Mary Kay Bilczo
Patricia Buckler	Larry Adams
Judy Underwood	Helen Overstreet
Todd Perry, Sr.	Laura Brock Bennett
Henry Almeida	The Wise Family
Carolyn Tipton	Marvie Carroll
Lu Simpson	Daniel Sallee
Alexis Bowman	Jo Ann Gibson
Connie Peacock	Jim Hale
Shawn Peacock	Paula Baysinger
Jo Ann Hall	Brina Nie
Jimmy C. Lyons, Jr.	Virginia Lafferty
Nathan Jackson	Sara Ruth Strange
Willard Thompson	Ruth Owens
Mike Barron	Dennie Simpson
Jacob Mesi	Gayle Carrico
Doris Emberton	Beverly Hogan
Madeline Hale	Chance Veals
Mimi Stinson	Finn Truxillo
Carly Leahey	Mary Davidson
Tim Isom	

Deceased:

Please pray for all the deceased parishioners and their loved ones, friends and benefactors.

Ray Hemmer	Debra Sanders
Robert Tucker	Debi Kirsch
Ashlie Hood	Scott Pufahl
Tommie Birge	Robert Glanz
Wayne Smith	Mary Gibson
Roger Miller	David Nie
Peggy Groenwald	Joseph Litera
Lisa Miller	Bill Groenwald
Charles Elmore	David Nine
Letecia Centeno	William Davis
Cade Dotson	Paul Bastien
DuWayne Gilchrist	Joseph Coleman
Connie Hunt	Bonnie Copass
Shirley Jones	Joseph Pierce
Sarah Smila	Joe & Helga Alvey
John Ulakey	Teresa Kauffman
Jeremy Birge	Kim Gibson-Lowe
Percy Stinson	Sandy Byrd
Gena Couch	James Anderson
Linda Sue Hester	Bruce Rothermel
George Lang	Annette Kunce
Arnold Emberton	Scott Szabo
Sam & Alma Basile	Joe & Jane Kehrt
Trudy Legendre	Jerry Matera
John Scalise	Michael Avery
	Rick Carrico
	Carl Milay
	Richard Biven
	Paulette Bush

And for all deceased

Please pray for our Military men and women who are serving overseas:

Clay Livingston	Joshua Matheney
Andrew Buren	Sgt. Brewer
Chris Davidson	Shawn Emberton
Matthew Chenault	Cameron Brown
Kimberly Lee	Cameron Lynch LTC

COLLECTIONS: 1/25/25 - 2/1/26 ST. HELEN OUR LADY OF CAVES

Sunday Collection: \$5607.00 \$1354.00

Food Pantry \$25.00

Thank you for your ongoing support and generosity!

ARCHDIOCESE COLLECTION FOR BLACK AND INDIAN MISSIONS: 2ND COLLECTION FOR FEBRUARY 21-22.

LITTLE THINGS:

Do you really want to be a saint? Carry out the little duty of each moment: do what you ought and put yourself into what you are doing. ~ **The Way**, by JoseMaria Escriva

PASTOR'S CORNER


My dear parish family,

“Remember you are dust and to dust you shall return.” These are the words that are said when ashes are traced on your forehead on Ash Wednesday. What a profound meditation! Remember that one day you will die. Remember to live in this world as if we were only passing through. Remember that eternity awaits after our death, and where we spend it depends on Christ’s grace and our response to Christ’s grace in this life. What we say and do in this life really matters. So what are our priorities in life? What is most important? How should we be living?

Lent reminds us all of this. Lent is a time of spiritual renewal. It is a time to “go into the desert with Jesus” to pray and do self sacrifice. In our lives, we have many attachments that slow us down from loving Christ more, that get between us and God. Do we always have to have what we want? Is everything we want good for our soul? Lent reminds us to fast from certain things so that we can make more room in our hearts for Christ. So we abstain and fast (and not just from food, but also tv or the media or other things we are attached to); we also make time for prayer and quiet reflection and spiritual reading. Here are three recommendations: Fast from something. Do more spiritual reading or extra devotions like Stations of the Cross. Do an act of charity for someone regularly.

Let us also remember that we are doing these things not merely to be more disciplined, but to do so out of love for Christ. During Lent, we are on a journey with Jesus. We walk with Him into the desert. We enter with Him into His passion and death. And at Easter, we are raised with Him to new life. May God bless you all richly this Lent!

Yours in Christ,
Fr. Joel

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