

# The Roman Catholic Churches of St. Helen & Our Lady of the Caves



**Parish Staff**

## **Pastor**

Rev. Joel C. Rogers, CPM.....270-619-1510

## **Parochial Vicar**

Fr. Thomas Reagan ..... 270-619-1640

Fr. Michael French..... 502-909-2502

## **Deacons**

Deacon Lee Bidwell..... 270-404-1986

Deacon David Smith..... 270-932-3547

Deacon Bruce Sullivan..... 270-774-7472

## **Parish Secretary/Business Manager**

Mrs. Therese Haavisto ..... 270-651-5263

sthelen@glasgow-ky.com

## **St. Helen Parish Office Mailing Address and Location:**

230 Cavalry Drive; Glasgow, KY 42141

Hours: Mon: 8am-3pm, Wed: 8am-11am, Fri: 9am-3pm

Please have bulletin info. to the office by 11am -Monday.

## **Spanish Ministry**

Connie Granados..... 270-361-1628,  
connie.granados@gmail.com

## **Parish Council Chairperson**

Gary Murphy..... 270-590-3834

## **Finance Council Chairperson**

Rev. Mr. Lee Bidwell..... 270-404-1986

## **Director of Religious Education**

Dr. Cheryl Whitlow..... cherob6@gmail.com

## **Our Lady's Auxiliary-President**

Mrs. Christine Lyons .....

## **Bereavement Committee**

Mrs. Joyce Pufahl..... 270-678-2002

## **St. Helen Food Pantry Coordinator**

Leonette Chapman..... 270-590-6385

**Location:** 156 McGrah Ave.. **Hours:** Tuesday 9am-12pm

**Office Mailing address:**  
230 Cavalry Dr.  
Glasgow, Kentucky 42141  
270-651-5263  
sthelen@glasgow-ky.com

**Facebook:** @STHELENOLC  
**Website:** sainthelenolc.com



**Confessions** are heard for about 20 minutes before each Mass and anytime by request.  
Saturday: 4:30-4:50 pm

## **Sacrament of Baptism**

Please contact the pastor one month in advance.

## **Sacrament of Matrimony**

Please contact the pastor at least six months in advance.

## **Sacrament of Anointing**

Available by request. When anyone is admitted to the hospital, be certain to contact the priest.

**For after-hours EMERGENCY** requiring the sacraments, call Fr. Joel Rogers @ 270-619-1510 (English), or (Spanish) Connie Granados @ 270-361-1628.

## **Faith Formation-Why be Catholic?**

If you or anyone you know is interested in learning about the Catholic Faith please contact Fr. Joel Rogers, CPM.

**MASS TIMES:** (See weekday schedule inside bulletin)

**English Masses at St. Helen:** located @ 103 W. Brown St.

Saturday, 5:00 PM

Sunday, 10:00 AM and 11:30 AM

**Eucharistic Adoration:** Mon., Wed., Fri. at 11am-Noon  
Fri. 3-9pm (1st Fri. is 7am-9pm), Sat. 8:30-9:30am

**English Masses at Our Lady of the Caves:** located @  
1010 S. Dixie Street; Horse Cave, KY 42749

Sunday, 8:00 AM

**Eucharistic Adoration:** Friday@ 4:30-5:30pm

## **Spanish Masses:**

Saturday, 7:00 PM at Our Lady of the Caves

Sunday, 8:00 AM St. Helen

**Sp. Praise/Worship Holy Hour:** Thurs, 7-8pm  
at St. Helen Church.

## **Latin Mass at Our Lady of the Caves:**

Every Sunday at 10:30am

**Elderly Mass:** Our Lady of Fatima Chapel, Parish Center  
2nd & 4th Saturday of the month, Vigil Mass @ 4pm

**FIRST SUNDAY OF LENT**

**FEBRUARY 22, 2026**

+AMDG+



**ASH WEDNESDAY**

We begin each Lent with a stirring reminder of our mortality and begging for the blessing of forgiveness. We need not live tormented by the question “Where is our God?” If we return to the Lord with our whole heart, he will not cast us out of his presence; rather, He makes us “become the very righteousness of God.” Whenever we pray, “A clean heart create for me, O God,” the Father “who is hidden” will bestow “the joy of our salvation.” This remains true every day of our lives: It is always “an acceptable time,” it is always “the day of salvation.”  
~ Magnificat

**CHURCH REGULATIONS REGARDING FAST & ABSTINENCE DURING LENT:**

**Abstinence** from meat (beast or fowl) is to be observed by all Catholics fourteen years old and older on Ash Wednesday and on all the Fridays of Lent. This obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat. **Fasting** means limiting oneself to one full meal on a given fast day. Catholics who are eighteen years of age but not yet fifty-nine are obliged to fast on Ash Wednesday and Good Friday. On fast days, two additional smaller meals are permitted if necessary to maintain strength. However, the two smaller meals together may not equal one full meal. Moreover, eating solid foods between meals on fast days is not permitted.

**STATIONS OF THE CROSS:**

The Stations of the Cross is a wonderful devotion to have during the season of Lent. Please take the opportunity to pray the Stations of the Cross on Friday’s during Lent after Mass at both St. Helen and Our Lady of the Caves Churches.

**MEN’S DAY OF RECOLLECTION, By Family Renewal Project:**

Led by Fr. Jonathan Erdman, Saturday, February 28, 2026: 8:30am-4:00pm (EST), St. Francis of Assisi Catholic Church, Louisville, KY. Breakfast and Lunch will be provided. [Tinyurl.com/mensreflection](http://Tinyurl.com/mensreflection)

**LADIES’ BIBLE STUDY:** The Ladies' Bible Study will be held on the 1st and 3rd Saturday of the month at Our Lady of the Caves, St. Bernadette Hall, from 9:30-11am

**OUR LADY’S AUXILIARY MEETING:**

Monday, February 23, at 6:00pm at St. Helen’s Parish Center.

**QUESTIONS FOR PROPOSED NEW CHURCH?**

Email questions to: [GLASGOWNEWCHURCH@GMAIL.COM](mailto:GLASGOWNEWCHURCH@GMAIL.COM)  
Thanks, Mike Allen.

**DAILY GOSPEL READINGS, FEB. 22-MARCH 1, 2026:**

Sun. Mt 4:1-11, Mon. Mt 25:31-46, Tues. Mt 6:7-15, Wed. Lk 11:29-32, Thurs. Mt 7:7-12, Fri. Mt 5:20-26, Sat. Mt 5:43-48, Sun. Mt 17:1-9

**MASS INTENTIONS**

**ST. HELEN**

**Monday, February 23**

12:05pm Brandon Beakes

**Tuesday, February 24**

8am Tim Hall- The Grace of a Happy Death

**Wednesday, February 25**

12:05pm Nancy Ulakey

**Thursday, February 26**

8:00am Bill Smila

**Friday, February 27**

12:05pm The Mangins

(Stations of the Cross after Mass)

**Saturday, February 28**

8:00am Sr. Francisca Marie

4:00pm Elderly Mass at OLOFatima Chapel

5:00pm Fr. Joel Rogers

**Sunday, March 1, Second Sunday of Lent**

8:00am(sp)

10:00am Special Intention

11:30am People of the Parish

**OUR LADY OF THE CAVES**

**Wednesday, February 25**

8:00am The Sullivan Family

**Friday, February 27**

5:30pm The Ratterman’s

(Stations of the Cross after Mass)

**Saturday, February 28**

7:00pm (Sp) The Palacios Family

**Sunday, March 1, Second Sunday of Lent**

8:00am Jeff Nie+

10:30am Latin

**ALTAR FLOWER SCHEDULE, ST. HELEN:**

**February 22 -March 29 is Lent. No flowers during Lent.**

Apr 5, 2026 -EASTER SUNDAY, Our Lady’s Aux.  
Easter Lillies

**CHURCH CLEANING SCHEDULE:**

**ST. HELEN:**

Feb. 23-28

Vicki Shive

Mar. 2-7

Poly Granados

**OUR LADY OF THE CAVES:**

Feb. 23-28

Fawn 909-273-4839

Mar. 2-7

Susanne Ochoa

**BIRTHDAY’S THIS WEEK: Feb. 23-Mar. 1, 2026**

**Feb. 23** Irene Carter, Olympia Fernandez, Jeff Hiser,

**Feb. 24** Patricia Puckler,

**Feb. 25** Kristen Katchak, Jazmin Lopez,

**Feb. 26** Jennifer Escamilla,

**Feb. 27** Rico Pedigo, Catherine Smith,

**Feb. 28** Lillian Calkins, Alexandra Williams,

**Mar. 1** Kristin Paiz

**Prayer List:**

*Please pray for all the needs of our parishioners and their loved ones:*

Dcn. Lee Bidwell	Lee Mudd
Mary Simon	Lee Family
Cheryl Hensel	Don Joseph
John Bright	Mary Kay Bilczo
Patricia Buckler	Larry Adams
Judy Underwood	Helen Overstreet
Todd Perry, Sr.	Laura Brock Bennett
Henry Almeida	The Wise Family
Carolyn Tipton	Marvie Carroll
Lu Simpson	Daniel Sallee
Alexis Bowman	Jo Ann Gibson
Connie Peacock	Jim Hale
Shawn Peacock	Paula Baysinger
Jo Ann Hall	Brina Nie
Jimmy C. Lyons, Jr.	Virginia Lafferty
Nathan Jackson	Sara Ruth Strange
Willard Thompson	Ruth Owens
Mike Barron	Dennie Simpson
Jacob Mesi	Gayle Carrico
Doris Emberton	Beverly Hogan
Madeline Hale	Chance Veals
Mimi Stinson	Finn Truxillo
Carly Leahey	Mary Davidson
Tim Isom	Joyce Pufahl

**Deceased:**

*Please pray for all the deceased parishioners and their loved ones, friends and benefactors.*

Ray Hemmer	Debra Sanders
Robert Tucker	Debi Kirsch
Ashlie Hood	Scott Pufahl
Tommie Birge	Robert Glanz
Wayne Smith	Mary Gibson
Roger Miller	David Nie
Peggy Groenwald	Joseph Litera
Lisa Miller	Bill Groenwald
Charles Elmore	David Nine
Letecia Centeno	William Davis
Cade Dotson	Paul Bastien
DuWayne Gilchrist	Joseph Coleman
Connie Hunt	Bonnie Copass
Shirley Jones	Joseph Pierce
Sarah Smila	Joe & Helga Alvey
John Ulakey	Teresa Kauffman
Jeremy Birge	Kim Gibson-Lowe
Percy Stinson	Sandy Byrd
Gena Couch	James Anderson
Linda Sue Hester	Bruce Rothermel
George Lang	Annette Kunce
Arnold Emberton	Scott Szabo
Sam & Alma Basile	Joe & Jane Kehrt
Trudy Legendre	Jerry Matera
John Scalise	Michael Avery
	Rick Carrico
	Carl Milay
	Richard Biven
	Paulette Bush

**And for all deceased**

**Please pray for our Military men and women who are serving overseas:**

Clay Livingston	Joshua Matheney
Andrew Buren	Sgt. Brewer
Chris Davidson	Shawn Emberton
Matthew Chenault	Cameron Brown
Kimberly Lee	Cameron Lynch LTC

**COLLECTIONS: 2/8/2026 ST. HELEN OUR LADY OF CAVES**

**Sunday Collection: \$5864.00 \$1982.00**

**Food Pantry \$50.00**

**Thank you for your ongoing support and generosity!**

**ARCHDIOCESE COLLECTION FOR BLACK AND INDIAN MISSIONS:  
2ND COLLECTION FOR FEBRUARY 21-22.**

**OUR LADY:**

The love of our Mother will be the breath that kindles into a living flame the embers of virtue that are hidden under the ashes of your indifference. ~ **The Way**, by Jose Maria Escriva

**PASTOR'S CORNER**


My dear parish family,

“Remember you are dust and to dust you shall return.” These are the words that are said when ashes are traced on your forehead on Ash Wednesday. What a profound meditation! Remember that one day you will die. Remember to live in this world as if we were only passing through. Remember that eternity awaits after our death, and where we spend it depends on Christ’s grace and our response to Christ’s grace in this life. What we say and do in this life really matters. So what are our priorities in life? What is most important? How should we be living?

Lent reminds us all of this. Lent is a time of spiritual renewal. It is a time to “go into the desert with Jesus” to pray and do self sacrifice. In our lives, we have many attachments that slow us down from loving Christ more, that get between us and God. Do we always have to have what we want? Is everything we want good for our soul? Lent reminds us to fast from certain things so that we can make more room in our hearts for Christ. So we abstain and fast (and not just from food, but also tv or the media or other things we are attached to); we also make time for prayer and quiet reflection and spiritual reading. Here are three recommendations: Fast from something. Do more spiritual reading or extra devotions like Stations of the Cross. Do an act of charity for someone regularly.

Let us also remember that we are doing these things not merely to be more disciplined, but to do so out of love for Christ. During Lent, we are on a journey with Jesus. We walk with Him into the desert. We enter with Him into His passion and death. And at Easter, we are raised with Him to new life. May God bless you all richly this Lent!

Yours in Christ,  
Fr. Joel

EST  2004  
 Educating, equipping, and empowering men and women to make confident, healthy, and life-affirming choices for their families.

- Pregnancy Tests
- Accurate Information on Pregnancy Options
- Parenting and Life Skills Classes
- Fatherhood Coaching
- Material Support
- Car Seat Safety Education
- Community Referrals

PROUDLY SERVING  
 ALLEN ● BARREN ● EDMONSON ● HART ● METCALFE ● MONROE

PO Box 236 | 123 East Washington Street | Glasgow, KY 42141 | 270-651-2299  
 1226 Main Street | Munfordville, KY 42765 | 270-524-1994  
[crossroadsky.org](http://crossroadsky.org) | [info@crossroadsky.org](mailto:info@crossroadsky.org)

FOR ALL YOUR  
**PRINTING**  
 NEEDS  
 BIG OR SMALL WE DO IT ALL.  
**SOW THE SEED MINISTRIES**  
**1-800-842-1093**

**Patricia's Beauty Center**  
 Patricia Logsdon, Owner  
 Karen Holmes, Cosmetologist  
**270-651-5711**  
 425 Samson St.  
 Glasgow, KY 42141



**DIXIE YARD WORKS**  
 (270) 735-1668  
 7070 N. Dixie Hwy  
 Elizabethtown, KY 42701  
[www.dixieyardworks.com](http://www.dixieyardworks.com)  
 FOR ALL YOUR  
 HARDSCAPE NEEDS

*In Support of Our*  
**Catholic Community**  
 Medical Associates of  
 Southern KY  
*Dr. William Thornbury*  
 270-659-9696



**WHITLOW**  
 FAMILY VISION CENTERS  
 Drs Robert & Cheryl Whitlow, Optometrists  
 270-651-2020  
[www.whitlowfamilyvisioncenters.com](http://www.whitlowfamilyvisioncenters.com)

**Alvey's**  
**TOWING & RECOVERY INC.**  
 Since 1984



VISA ● DISCOVER ● CREDIT CARDS

**RICKY ALVEY**  
 Owner/Operator

**Tires**  
**Tires**  
**Tires**  
**Tires**  
**Tires**

**Any Where, Any Place, Any Time**  
*Large and Small, We Tow Them All* • Local and Long Distance Towing  
 Semi-Trucks, RV's, Cars & Truck Towing, Flat Bed & Landoll Hauling, Car, Truck and Semi-Truck Tires Available

**24 Hour ON ROAD**  
 Semi-Truck, Service & Tires  
 270.528.1835

**24-7 Towing**  
**270.528.7881**  
 or Cell  
**270.670.2627**  
 453 Flint Ridge Road (Exit 58) P.O.Box 61  
 Horse Cave, Kentucky 42749

Coach-Net ● Allstate

Horse Cave Mobile Home Community  
 Comunidad de casas móviles Horse Cave  
 828 E. Main Street, Horse Cave, KY 42749  
 We have affordable mobile homes available



812-657-4624  
 Disponemos de casas móviles asequibles

**GARY MURPHY**  
**ELECTRIC LLC**  
 Residential, Small Industrial  
 Electric Wiring  
 Licensed & Insured  
**270-590-3834**



**Town and Country Pharmacy**  
 736 East Main Street • Glasgow, KY 42141  
 Phone 270-629-4633 • Fax 270-629-4634  
[www.townandcountrymed.com](http://www.townandcountrymed.com)  
 Owners: JP and Jill Nixon  
 Delivery Service Available  
 Free Vitamins for Children

**Mention this ad for a 10% discount!**

**SOUTH CENTRAL KENTUCKY**  
**ORTHOPAEDICS**  
**Dr. Brian Elmlinger**  
**106 Columns Plaza Drive**  
**Glasgow, KY 42141**  
**270-651-9390**

**HOUK INSURANCE AGENCY, INC.**  
 313 S DIXIE STREET  
 HORSE CAVE, KY 42749  
 270-786-2724

Serving Hart, Barren,  
 And Surrounding Counties  
 Since 1966.  
 A Family Owned Business

**Bryan Baysinger, CWA**  
 Senior Vice President, Financial Advisor  
 Private Wealth Management

102 E. Wayne St.  
 Glasgow, KY 42141  
 270-651-2663 . 800-714-2663  
[bbaysinger@rwbaird.com](mailto:bbaysinger@rwbaird.com)



©2020 Robert W. Baird & Co. Incorporated. Member SIPC. MC-446121.



Hatcher & Saddler Funeral Home, Inc.  
 801 North Race Street  
 Glasgow, KY 42141  
[hatcher@glasgow-ky.com](mailto:hatcher@glasgow-ky.com)  
 270-651-8821

Read lives of the saints, and watch or listen to the many wonderful resources available on FORMED.  
 [If you are not already signed up for FORMED: go to [formed.org](http://formed.org) ; sign up with your name and email address; on the drop-down menu, scroll down and choose "St. Helen, Glasgow, KY" as your parish. You should be good-to-go. If you haven't signed in for a while, it will send you an email; you click the link in the email, and then you are signed in again.]