

The Roman Catholic Churches of St. Helen & Our Lady of the Caves



Parish Staff

Pastor

Rev. Joel C. Rogers, CPM.....270-619-1510

Parochial Vicar

Fr. Thomas Reagan 270-619-1640

Fr. Michael French..... 502-909-2502

Deacons

Deacon David Smith..... 270-932-3547

Deacon Bruce Sullivan..... 270-774-7472

Parish Secretary/Business Manager

Mrs. Therese Haavisto 270-651-5263

sthelen@glasgow-ky.com

St. Helen Parish Office Mailing Address and Location:

230 Cavalry Drive; Glasgow, KY 42141

Office Hours are: Mon: 8am-3pm, Wed: 8am-11am, Fri:
9am-3pm. Other hours are for finance work only.

Please have **bulletin** info. to the office by Friday of the
previous week.

Spanish Ministry

Connie Granados..... 270-361-1628,
connie.granados@gmail.com

Parish Council Chairperson

Gary Murphy..... 270-590-3834

Finance Council Chairperson

Director of Religious Education

Dr. Cheryl Whitlow..... cherob6@gmail.com

Our Lady's Auxiliary-President

Mrs. Christine Lyons

Bereavement Committee

Mrs. Joyce Pufahl..... 270-678-2002

St. Helen Food Pantry Coordinator

Leonette Chapman..... 270-590-6385

Location: 156 McGrah Ave.. **Hours:** Tuesday 9am-12pm

Office Mailing address:
230 Cavalry Dr.
Glasgow, Kentucky 42141
270-651-5263
sthelen@glasgow-ky.com

Facebook: @STHELENOLC
Website: sainthelenolc.com



Confessions are heard for about 20 minutes before each
Mass and anytime by request.
Saturday: 4:30-4:50 pm

Sacrament of Baptism

Please contact the pastor one month in advance.

Sacrament of Matrimony

Please contact the pastor at least six months in advance.

Sacrament of Anointing

Available by request. When anyone is admitted to the
hospital, be certain to contact the priest.

For after-hours EMERGENCY requiring the sacraments,
call Fr. Joel Rogers @ 270-619-1510 (English),
or (Spanish) Connie Granados @ 270-361-1628.

Faith Formation-Why be Catholic?

If you or anyone you know is interested in learning about the
Catholic Faith please contact Fr. Joel Rogers, CPM.

MASS TIMES: (See weekday schedule inside bulletin)

English Masses at St. Helen: located @ 103 W. Brown St.

Saturday, 5:00 PM

Sunday, 10:00 AM and 11:30 AM

Eucharistic Adoration: Mon., Wed., Fri. at 11am-Noon
Fri. 3-9pm (1st Fri. is 7am-9pm), Sat. 8:30-9:30am

English Masses at Our Lady of the Caves: located @
1010 S. Dixie Street; Horse Cave, KY 42749

Sunday, 8:00 AM

Eucharistic Adoration: Friday@ 4:30-5:30pm

Spanish Masses:

Saturday, 7:00 PM at Our Lady of the Caves

Sunday, 8:00 AM St. Helen

Sp. Praise/Worship Holy Hour: Thurs, 7-8pm
at St. Helen Church.

Latin Mass at Our Lady of the Caves:

Every Sunday at 10:30am

Elderly Mass: Our Lady of Fatima Chapel, Parish Center
2nd & 4th Saturday of the month, Vigil Mass @ 4pm

FIFTH SUNDAY OF LENT

MARCH 22, 2026

+AMDG+



repent

From time immemorial God has promised, "O my people, I will open your graves and have you rise from them. Then you shall know that I am the Lord." But this will not happen before Jesus weeps. He weeps in front of doubt: "You want to go back there?" He weeps in front of nihilism: "Could he not have done something?" He weeps in front of fatalism: "Lord, by now there will be a stench." This is the optimum moment for God to have Lazarus rise from his grave, for then the event will teach us just how far we must go in trusting the power of Jesus' love for us. Although "dead because of sin, the Spirit of the one who raised Jesus from the dead will give life to your mortal bodies also, through his Spirit dwelling in you." ~ **The Magnificat**

CHURCH REGULATIONS REGARDING FAST & ABSTINENCE

DURING LENT: *Abstinence* from meat (beast or fowl) is to be observed by all Catholics fourteen years old and older on Ash Wednesday and on all the Fridays of Lent. This obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat. *Fasting* means limiting oneself to one full meal on a given fast day. Catholics who are eighteen years of age but not yet fifty-nine are obliged to fast on Ash Wednesday and Good Friday. On fast days, two additional smaller meals are permitted if necessary to maintain strength. However, the two smaller meals together may not equal one full meal. Moreover, eating solid foods between meals on fast days is not permitted.

STATIONS OF THE CROSS: Pray the Stations of the Cross on Friday's during Lent after Mass at both churches.

POTLUCK DINNER AT OLC'S ST. BERNADETTE HALL: Please bring your favorite potluck dish to OLC's on Sunday, March 22nd at 4pm. Enjoy time with your parish family.

SOLEMNITY OF DIVINE MERCY SUNDAY, APRIL 12, 2026

On this special Feast of Divine Mercy, Jesus has also promised that, "The soul that will go to confession and receive Holy Communion will obtain complete forgiveness of sins and punishment." (Diary 699) This is an extraordinary grace which Jesus has promised to grant souls who trust in His Mercy.

Thus, to fittingly observe the Feast of Divine Mercy, we should:
 1. Sincerely repent of all our sins; 2. Place our complete trust in Jesus; 3. Go to Confession; 4. Receive Holy Communion;
 5. Venerate the Image of Divine Mercy; 6. And be merciful to others, through our actions, words, and prayers.

We will celebrate Divine Mercy Sunday at St. Helen's Church beginning at 2:30 pm with Confessions, Chaplet of Divine Mercy, Talk, blessing of the images and 4pm Benediction. You can also bring your own Divine Mercy image for a blessing.

THE IMAGE OF DIVINE MERCY:

Related to this devotion, Jesus insisted that an image be painted in honor of His Divine Mercy; and He wanted "...it to be venerated publicly..." on Divine Mercy Sunday "...so that every soul may know about it." In the image Jesus is holding up His right hand to bless us; and with His left hand He is revealing His Most Sacred Heart. Out of His heart there shines two beams of light, one white beam, representing the waters of Baptism; and one red beam, representing the Precious Blood of Jesus.

DAILY GOSPEL READINGS, MARCH 22-29, 2026:

Sun. Jn 11:1-45, Mon. Jn 8:1-11, Tues. Jn 8:21-30,
 Wed. Lk 1:26-38, Thurs. Jn 8:51-59, Fri. Jn 10:31-42,
 Sat. Jn 11:45-56, Sun. Mt 26:14-27

MASS INTENTIONS

ST. HELEN

Monday, March 23

12:05pm Zadié & George Brown+

Tuesday, March 24

8:00am Fred & Mary Frances Vogt+

Wednesday, March 25, The Annunciation of the Lord

12:05pm Dcn. Lee Bidwell+

Thursday, March 26

8:00am William Clements+

Friday, March 27

12:05pm Nancy Ulakey

(Stations of the Cross after Mass)

Saturday, March 28

8:00am Peter Bifone, Sr.+

4:00pm Elderly Mass

5:00pm Fr. Thomas Regan

Sun., Mar. 29, Palm Sunday, Passion of the Lord

8:00am(sp) Ernesto Zambrano

10:00am Rick Carrico+

11:30am People of the Parish

OUR LADY OF THE CAVES

Wednesday, March 25, The Annunciation of the Lord

8:00am Rick Biven+

Friday, March 27

5:30pm Paulette Bush+ (Stations of the Cross after

Saturday, March 28 Mass)

7:00pm (Sp) Sr. Francisca Maria

Sun., Mar. 29, Palm Sunday, Passion of the Lord

8:00am Rick Biven+

10:30am Latin, Paulette Bush+

Please see the Pastor's Corner for the Easter Triduum Mass Schedule.

ALTAR FLOWER SCHEDULE, ST. HELEN:

February 22 -March 29 is Lent. No flowers.

Apr 5, -EASTER SUNDAY, Easter Lilies provided by Our Lady's Aux., along with donations of parishioners.

Apr. 12, In thanksgiving for Julia Houchens

CHURCH CLEANING SCHEDULE:

ST. HELEN:

Mar. 23-28

Chele Gillon

Mar. 30-Apr. 4

Our Lady's Aux.

OUR LADY OF THE CAVES:

Mar. 23-28

Crowley Family

Mar. 30-Apr. 4

Ricardo Family

BIRTHDAY'S THIS WEEK: Mar. 23-29, 2026

Mar. 23 Jared Duncan, Tim Toerner, Jace Woodward,

Mar. 25 Alan Harrison, Maria Vazquez, Aaron Pena,

Andrew Raque, **Mar. 26** Elizabeth Baird, Sarah Copass,

Scott Gillon, Mike Shircliff, Lilliam Watters, **Mar. 27**

Ricky Barrick, Patrick DePaz, Kevin Grider, Mark

Simmons, Cayleigh Spears, Therese Sullivan,

Mar. 28 Gabriela Magana, Devan McDonald, Rondell

Pitcock, John Rapp, **Mar. 29** Karla Garcia, Isabella

Duncan, Megan Flores

Prayer List:

Please pray for all the needs of our parishioners and their loved ones:

Mary Simon
Cheryl Hensel
John Bright
Patricia Buckler
Judy Underwood
Todd Perry, Sr.
Henry Almeida
Carolyn Tipton
Lu Simpson
Alexis Bowman
Connie Peacock
Shawn Peacock
Jo Ann Hall
Jimmy C. Lyons, Jr.
Nathan Jackson
Willard Thompson
Mike Barron
Jacob Mesi
Doris Emberton
Madeline Hale
Mimi Stinson
Carly Leahy
Tim Isom

Lee Mudd
Lee Family
Don Joseph
Mary Kay Bilczo
Larry Adams
Helen Overstreet
Laura Brock Bennett
The Wise Family
Marvie Carroll
Daniel Sallee
Jo Ann Gibson
Jim Hale
Paula Baysinger
Brina Nie
Virginia Lafferty
Sara Ruth Strange
Ruth Owens
Dennie Simpson
Gayle Carrico
Beverly Hogan
Chance Veals
Finn Truxillo
Mary Davidson
Joyce Pufahl
Gregory Rossi
Robert Crimmins

COLLECTIONS: 3/15/2026 **ST. HELEN** **OUR LADY OF CAVES**
Sunday Collection: **\$3949.00** **\$1508.00**
2ND COLL. Catholic Relief **\$580.00**
 Thank you for your ongoing support and generosity!

QUESTIONS FOR PROPOSED NEW CHURCH?

Email questions to: GLASGOWNEWCHURCH@GMAIL.COM

PASTOR'S CORNER

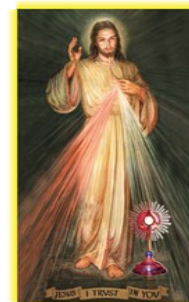
My dear parish family,

May Our Lord Jesus fill you with His grace! Here is an update on a few things for this Lent. First, as you know, there are **Stations of the Cross** after the Friday Masses at both churches during the season of Lent with the exception of Good Friday. Also, for the **Easter Triduum**, we will have the following schedule. The **Holy Thursday Mass** will be at St. Helen on April 2 at 7pm. The **Good Friday Liturgy** will be at Our Lady of the Caves on April 3 at 3pm. We will also have **Good Friday Liturgy** in Spanish on the same day at St. Helen Church at 6pm. The **Easter Vigil Mass** will be at St. Helen on April 4 at 8pm. And all the **Easter Sunday Masses** will be at the usual Sunday Mass times on April 5.

Our **MEN'S RETREAT**, will be on Saturday, April 18, 2026. Men, please join us on our retreat day at Our Lady of the Caves. It will begin at 10am with Mass and end at 3pm with Benediction and the Chaplet of Divine Mercy. Our Conference talks will be given by Fr. Joel Rogers, Fr. John Broussard, & Fr. Joseph Morgan.

There will also be Confessions heard throughout the conference. Lunch will be potluck but meat & cheese will be provided.

May God bless you all!
Yours in Christ, Fr. Joel



ANNOUNCEMENT FROM FR. THOMAS:

Middle school and high schoolers are invited to join St. Helen's and Our Lady of the Caves Youth Group at the Parish Center on Good Friday, April 3, at 4:30 pm, after the 3 pm Good Friday Liturgy at Our Lady of the Caves. We will be watching the powerful film *The Passion of the Christ* about Jesus's suffering and death. We will watch this important movie with Fr. Thomas followed by prayer time in the chapel, discussion, and a light meal in keeping with Good Friday fasting.

A note to parents. The film is rated R due to the intense, graphic depiction of the Crucifixion of Jesus. Still, as one of our priests has said, The Passion is a film everyone must see at least once—and should see every year during Lent. The movie does an excellent job of fostering a deep appreciation for the suffering and sacrifice of Jesus. If you or your child is interested in attending, **permission forms are available in the back of the church for anyone under 18.**

Deceased:

Please pray for all the deceased parishioners and their loved ones, friends and benefactors.

Ray Hemmer
Robert Tucker
Ashlie Hood
Tommie Birge
Wayne Smith
Roger Miller
Peggy Groenwald
Lisa Miller
Charles Elmore
Letecia Centeno
Cade Dotson
DuWayne Gilchrist
Connie Hunt
Shirley Jones
Sarah Smila
John Ulakey
Jeremy Birge
Percy Stinson
Gena Couch
Linda Sue Hester
George Lang
Arnold Emberton
Sam & Alma Basile
Trudy Legendre
John Scalise

Debra Sanders
Debi Kirsch
Scott Pufahl
Robert Glanz
Mary Gibson
David Nie
Joseph Litera
Bill Groenwald
David Nine
William Davis
Paul Bastien
Joseph Coleman
Bonnie Copass
Joseph Pierce
Joe & Helga Alvey
Teresa Kauffman
Kim Gibson-Lowe
Sandy Byrd
James Anderson
Bruce Rothermel
Annette Kunce
Scott Szabo
Joe & Jane Kehrt
Jerry Matera
Michael Avery
Rick Carrico
Carl Milay
Richard Biven
Paulette Bush
Dcn. Lee Bidwell
Norma Luke
And for all deceased

Please pray for our Military men and women who are serving overseas:

Clay Livingston Joshua Matheney
Andrew Buren Sgt. Brewer
Chris Davidson Shawn Emberton
Matthew Chenault Cameron Brown
Kimberly Lee Cameron Lynch LTC

EST  2004
 Educating, equipping, and empowering men and women to make confident, healthy, and life-affirming choices for their families.

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Read lives of the saints, and watch or listen to the many wonderful resources available on FORMED.
 [If you are not already signed up for FORMED: go to formed.org ; sign up with your name and email address; on the drop-down menu, scroll down and choose "St. Helen, Glasgow, KY" as your parish. You should be good-to-go. If you haven't signed in for a while, it will send you an email; you click the link in the email, and then you are signed in again.]